



**COMMUNITY  
ACTION SERVICES**  
**& FOOD BANK**

## **Daytime Food Bank Volunteer Groups Frequently Asked Questions**

### **Who can volunteer as a food bank volunteer group?**

Daytime volunteers must be 16 years or older, or 12 years or older with close adult supervision. We cannot accept volunteers younger than 12 during operating hours. Groups of three or more must be scheduled in advance, and we accept groups of up to 10 volunteers. Parents and leaders are included in the group total.

### **What do volunteers do in the food bank?**

Daytime volunteer groups work in the food bank warehouse and pantry under the supervision of a food bank employee. Food bank volunteers help sort cans, restock the pantry, assemble kits, clean, and other tasks as needed. For your safety, we ask that you wear closed-toe shoes. Work gloves are optional.

### **When can my group volunteer?**

All volunteer groups must be scheduled in advance. We accept volunteer groups for one to two hours Monday–Thursday from 8 a.m. to 4:30 p.m., excluding holidays and times set aside for employee training, including the second Monday of each month at 3:30 p.m. We recommend scheduling your groups several weeks or even months in advance, because spots fill up quickly.

### **Where do I need to go to volunteer?**

We are located at 815 S. Freedom Boulevard in Provo, just south of the Frontrunner station. Please come to the northeast entrance marked “Donations and Volunteers.”

### **How do I sign up?**

All volunteer groups must be scheduled in advance. We recommend scheduling several weeks or even months in advance because spots fill up quickly. Groups of up to 10 people are allowed, but size may be limited further based on availability and time of year. Contact the volunteer coordinator at [volunteer@communityactionuc.org](mailto:volunteer@communityactionuc.org) or 801-691-5220 to schedule a time.